

AQUINAS

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First Floor Dining **Spikes** in Price



EMMA GRAFF / STAFF PHOTO

First floor dining options.

BY THOMAS MARINE
STAFF WRITER

Dining services are vital to The University of Scranton, providing a variety of appetizing food to a sizable portion of the campus population.

Many students and faculty seek out the DeNaples Food Court in particular for a quick and consistent meal, as the menus rarely change and can be mobile ordered from anywhere on campus.

First floor options include Chick-fil-A, Zoca and Starbucks. It is easy to find any food one could want.

However, these options come with a price, sometimes resulting in the need to spend Dining Flex or use their Royal Card to compensate for a larger meal. This price has been a topic of concern among many students who use the food court for their meals.

Emma Graff, senior public relations/advertising major, comments on first floor sushi price at Nobu Sushi.

"I was so aggravated to find out my dinner swipe would no longer cover

just one roll of sushi. I know a lot of my friends felt the same way," Graff said.

Many complain that a meal swipe no longer covers enough for a full meal, leaving them to buy extra food with their own cash. Such a problem is especially noticeable with sports teams, who need more calories per meal than most others, causing them to spend more for their daily intake.

Food prices have been rising noticeably, causing a meal swipe to be worth less and less and necessitating the use of Dining Flex or Royal Card.

The general manager of dining services, Joseph Boyd said that low prices may not return soon.

"Our economy has been dealing with inflation across all sectors of food — grocery, dining and retail. While there are predictions that inflation will slow, there is no indication that a decrease in cost is on the horizon," Boyd said.

Students can expect to continue paying higher food prices in the DeNaples Food Court while inflation remains an issue.

New Exhibit Highlights Scranton's Diverse Communities

BY LIBBY DOCKETT
STAFF WRITER

A photography exhibit opened on Oct. 27 in Scranton's Hope Horn Gallery.

The exhibit is called "Scranton's Story: Our Nation's Story" and is a project whose mission is to tell the story of Scranton in a holistic way. The project showcases individuals who have strong ties to Scranton through civic engagement, faith, racial or ethnic communities, or their childhood. The stories feature those who have deep family ties to Scranton, as well as recent immigrants and refugees.

The "Scranton Stories" are 25 excerpts from the 33 oral history interviews of the main project. Byron Maldonado took a picture of the residents in a place that was meaningful to them, and each picture is accompanied by an excerpt of their interview.

The project was a labor of love for project director Julie Schumacher-Cohen.

"The project has been in the works for more than two years," Schumacher-Cohen said. "The broader 'Scranton's Story: Our Nation's Story' initiative got underway the summer of

2021 and the oral history initiative was always envisioned as the peak of the project," Schumacher-Cohen said.

She is grateful to the 33 individuals who participated in the project. The stories they shared paint a picture of their unique experiences within the city of Scranton.

"The oral history project provides a guidebook for what it means to both love our community and our nation and to challenge it. To keep forming that 'more perfect union,' by doing the work of participating and caring, listening and learning, finding joy and making space for complicated and nuanced conversations," Schumacher-Cohen said.

The "Scranton Stories" exhibit runs until Nov. 17 in the Hope Horn Gallery. The oral histories can be found on the "Scranton Stories" website.

"The oral history project provides a guidebook for what it means to both love our community and our nation and to challenge it."

'Dead Man's Cell Phone' Connects Audiences

BY MORGAN RYAN
STAFF WRITER

On Oct. 20 The University of Scranton Players presented their first production of the school year.

It was Sarah Ruhl's "Dead Man's Cell Phone." The absurdist dark comedy takes viewers along the journey of Jean, played by Molly McGuinness.

Jean is working in a café when the man next to her, Gordon, played by Thomas Kennedy, refuses to answer several calls to his cellphone. Annoyed by the noise, Jean confronts him, only to find that he is actually dead.

She then takes possession of his phone and inserts herself into the lives of Gordon's loved ones, claiming she worked with him and knew him well when he was alive. As more details of Gordon's life are revealed, Jean struggles to keep up with her lies, until Gordon himself reveals the truth of the universe to her — that we are all closer connected than we may think.

Gabriella Palmer, a sophomore English major who portrayed Gordon's capricious mother, Mrs. Gottlieb, said it is not like a typical play.

"It's very different from a lot of other theater that you'll usually see put on by colleges," Palmer said.

The show's plot demonstrates an important message to the audience.

"It has a beautiful plot that is really this exploration of loneliness. The show is not necessarily saying 'cellphones are bad'; it's that in this age of connection, we're still really, really lonely. I think it's a relevant message," Palmer said.

The University Players provide a unique opportunity for students of all years and experience levels to get involved in the dramatic arts. The University theater program is taught by instructors with real-world experience

on Broadway shows and other professional theatrical productions.

"We're not just having fun, we're learning at the same time," Palmer said.

A diverse group of people watched the production across the weekends of Oct. 20 to 22 and 27 to 29.

A first-year business analytics major, Connor Farrington, who is currently involved in the Liva Arts Company's upcoming production of "Footloose" said that it is important to support the cast.

See **I WENT**, Page 4



COURTESY OF NICOLE TONNY

Characters Gordon and Jean.

INSIDE

WRITE FOR US!

We want to hear from you.

Email your story ideas to Editor-in-Chief Emma Graff at emma.graff@scranton.edu.



BREAST CANCER GAME
See Page 7



CULTURE
See Page 3



NUBS
See Page 4

Scranton Gets Spooky

Business of Boo: Unmasking Halloween's Economic Impact

BY RYAN HANLEY &
JACK GAUDIOSO
STAFF WRITERS

As a full moon illuminates the Halloween night sky, casting a shining glaze upon the carved pumpkins decorating our doorsteps, it is easy to overlook the truly significant impact that Halloween has on the national economy.

The Halloween season encompasses far more than just candy, pumpkins and spooky costumes. Halloween has evolved into becoming one of the largest holidays in the United States. Over 73% of Americans participated in Halloween festivities last year, according to a survey from the National Retail Federation.

According to Statista data, the holiday will be responsible for a record-breaking \$12.2 billion in revenue, breaking the previous record of \$10.6 billion in 2022. Halloween-related sales have increased by approximately 270%

since 2005, making it one of the highest revenue-generating holidays currently in the nation.

A few major companies see most of their annual revenue from the Halloween season. Certain firms, including the Spencer Gifts-owned chain "Spirit Halloween," only remain open during the Halloween season.

In 1983, Joseph Marver established the idea of Spirit Halloween, a pop-up store that caters to Halloween celebrations. Spirit Halloween's first pop-up location was in Castro Valley Mall in California and eventually grew to over 60 temporary stores nationwide before eventually being acquired by Spencer Gifts in 1999.

Now, Spirit Halloween is the largest Halloween retailer in North America, with over 1,450 pop-up locations in hundreds of malls across the country, according to the company's website. The company utilizes short-term lease strategies and offers a variety of mer-

chandise, which aided them in generating \$1.1 billion in revenue in 2022, according to Zippia Recruitment Services.

Alongside Spirit Halloween, major candy companies such as Tootsie Roll Industries and the Hershey Company see significant sale increases during the Halloween season. Historically, many major candy manufacturers saw increased sales in quarters three and four, driven by Halloween, which is often considered by many to be the kick-off of the holiday season.

Combined, Tootsie Roll generated well over half of its yearly revenue for 2022 from Q3 and Q4 alone; the Hershey Company generated over \$2.98 billion alone in Q4 of 2022, accounting for just under 30% of their total revenues for 2022, according to Macro Trends.

Inflation has taken its toll on the Halloween season, but that has not appeared to have stopped fanatics from



STAFF PHOTO

Seasonal stores make millions despite limited sales period.

continuing with their traditions. It is estimated that Americans will spend around \$840 million on pumpkins alone, as rising costs have brought the average price per pumpkin up approximately 24%, from \$3.89 in 2018 to \$5.24 in 2023, according to Statista data.

Investopedia reported that on average, Halloween decorations this year

will cost \$19.42, up 9% from 2022. Candy prices were also rising, up 7.5% per unit compared to last year, with the average person spending an estimated \$31.93 on candy this year alone.

So, the next time you carve into that pumpkin, or savor a piece of Halloween candy, take a moment to appreciate the amazing impact this spooky holiday exerts on our national economy.

CSSJ Welcomes Local Trick-or-Treaters

BY SHEILA MILLER
STAFF WRITER

The Center for Service and Social Justice hosted a Safe Trick-or-Treat event on campus for local children and their families Oct. 14.

The event ran from 1 to 3 p.m. and gave about 200 underserved children from the Scranton community the opportunity to trick-or-treat safely at various residence halls.

The children dressed up as superheroes, princesses, video game characters and even McDonald's mascot Grimace. Over 50 student volunteers guided the children and their families throughout the campus. Twenty resident assistants and their residents volunteered to give out candy in their residence halls.

The families of the children are clients of Friends of the Poor, Head Start preschools, Outreach Center for Community Resources, United Neighborhood Centers and the Catherine McAuley Center. These organizations are community partners of The University of Scranton.

Ellen Judge, outreach program co-

ordinator for CSSJ, said the event has a positive impact on the Scranton and university community.

"Our community, both our community partners and our university family, appreciate having a safe and fun experience for their children to enjoy this holiday on campus," she said.

Over 200 volunteers from 28 clubs set up tables in the Byron Recreation Complex with games, activities and candy prizes for the children to enjoy after trick-or-treating. The activities included face painting, arts and crafts and games like tic-tac-toe with plush pumpkins and an "eyeball" toss with ping-pong balls.

Junior Grace Nitowski, president of the University's a cappella club, Men and Women for Octaves, said she and her fellow club members enjoyed serving the community at the event, and they plan to volunteer again in the future.

"Safe Trick or Treat was a great experience for our club. It was very well organized and I felt like (it) had a major impact on the Scranton communi-

ty. ... We will absolutely be participating in this each year," Nitowski said.



COURTESY OF ELLEN JUDGE

Scranton kids celebrate Halloween at the University.



INVESTIGATION STATION

University police chief discusses state of campus safety and security

BY ALIYAH SHAHUM
STAFF WRITER

On Sept. 9, I had the privilege to sit down with The University of Scranton Chief of Police Donald Bergmann to discuss the state of campus safety and security.

During our conversation, we spoke about the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics, better known as the Clery Act. Going over the statistics, Bergmann mentioned that the majority of crimes committed on campus are minor, most often thefts and vandalism. Marijuana and alcohol citations have increased over the years as those substances have become more socially acceptable.

Bergmann was asked how the police utilize information from the Clery Act and if it helps them plan ahead. Bergmann said the officers are aware of what is going on campus.

"So, it's not like The University of Scranton police officers have to be told, 'Hey, it's Friday night, it might be active on Clay Ave.?' they already know it," Bergmann said.

There are cycles based on exam seasons and major holidays with freshman dorms being the most active.

However, students are reluctant to approach officers. To fix this, the chief is working toward future collaborations with the Center for Health Education and Wellness

(CHEW).

Bergmann said he wants the students to know that the police officers are there to support them.

"If they (students) want to talk to us, they can come up; we are here, we are available," Bergmann said.

The chief recommended that students check out the online resources available to them, such as the silent witness program, along with the Instagram account of The University of Scranton Police to stay updated on current activities. Bergmann said that the safety on campus is currently in the process of being enhanced.

"We are in the process now of replacing the entire camera system; we got some really good grant money to do that," Bergmann said.

Future articles will cover the topics of personal safety, crime statistics and the history of crime in Scranton.

Beloved Scranton Coffee Shop Closes Shop



BY SHANNON PARKER
& BRENNAN PARKER
STAFF WRITERS

Scranton students say goodbye to one of their most treasured coffee shops.

Adezzo Coffee announced its closure after nine years of serving the community. The announcement came via Instagram on Oct. 25, explaining it was not receiving enough foot traffic for the business to be sustainable.

"We have loved being part of the vibrant downtown Scranton small business community and serving our wonderful customers everyday," @AdezzoScranton captioned their photo.

Adezzo Coffee's last day will be Nov.

5. Adezzo Coffee started out as Zummo's Coffee, moving downtown two and a half years ago and opening up Adezzo Coffee.

This comes as a surprise to University students, as it was recently voted one of the most popular coffee shops in a student survey. University students came to love this coffee shop due to its proximity to campus, tasty drinks and ambiance.

Going to coffee shops to get drinks, hang out with friends and work is a favorite pastime of most University of Scranton students. Adezzo Coffee is very popular, with a relaxing atmosphere and beautiful scenery from the outdoor seats.

The Scranton chapter of Her Cam-

pus hosted a coffee crawl Oct. 21, unknowingly visiting Adezzo Coffee for the final time during their annual event.

Her Campus is an online media publication for college women that celebrates all things women and has supported local coffee shops for years. The club has organized Coffee Crawls in the past, frequenting local shops such as Northern Lights, Downtown Deli, Commonwealth Coffee and Adezzo Coffee.

Their Instagram shared photos of the event, every member having a smile on their face. Although Adezzo Coffee is closing, they will continue to serve the community at their Zummo's location.



Dance preserving Native American culture

BY EMMA GRAFF
EDITOR-IN-CHIEF

The University of Scranton students turn toward the sound of jingling bells to watch the Native American storyteller enter and walk center stage in the McIlhenny Ballroom.

Larry Yazzie, member of the Meskwaki Nation of Iowa, performed at The University of Scranton on Oct. 18. He arrived wearing traditional clothing called a regalia that was embellished with eagle feathers, vibrantly dyed deer hair and a tambourine on his moccasins.

The event was organized by USPB

and the Multicultural Center. Assistant Director of the Cultural Centers, José Sánchez, said Yazzie was selected to perform because they wanted an event that was related to Indigenous Peoples Day, which was celebrated earlier in October.

A student member of the Multicultural Center introduced Yazzie after reading The University of Scranton's Land Acknowledgment Statement. Sánchez followed the introduction by raising awareness about the Native American community.

"Lift up and celebrate their Native American culture during this event to-

night," Sánchez said.

Dance allows Yazzie to fulfill his purpose of educating, motivating and inspiring others while dispelling stereotypes about his culture. His father started teaching him different styles of dance at the age of seven.

Yazzie has since developed his own contemporary style that is blended with traditional elements. He is the founder of the Native Pride Dancers and was photographed for an Apple billboard advertisement.

Yazzie performed three different dances at the event including the Burn Dance and the Round Dance. Each dance is dependent on the drum which is the heartbeat of his people, Yazzie said.

The drumbeat is a steady force that drives the dance as everything from the dancer to the bells must keep in time to the drum's rhythm. It requires energy and stamina to complete the footwork, Yazzie said.

Dance helps Yazzie stay connected with his relatives who have passed on to the spirit world as he knows they are dancing with him, Yazzie said. He then shared what his father told him about dancing with passion.

"The regalia is part of you, it's your medicine. Make the regalia feathers come back to life," Yazzie said.

The traditional dances are important to teach younger generations and share with the public as they illustrate that Native Americans are here alive and strong, Yazzie said. Powwows are celebrations open to the public that



EMMA GRAFF / STAFF PHOTO

Larry Yazzie dances in the McIlhenny Ballroom.

Yazzie encouraged the audience to attend to further educate themselves.

Questions from students were answered between dances. Students were invited to join in one dance together with Yazzie. They formed a circle and held hands as Yazzie instructed them on how to move their feet.

Zitha Igbokwe, senior accounting major, attended the event with support from his Native American friends. Yazzie's performance helps build a stronger and more inclusive community where people from all cultures feel welcome, Igbokwe said.

"Watching Larry was an enriching experience where I got to experience an extremely different culture. His lessons, attire and overall presence left me taken aback," Igbokwe said.

Between dances Yazzie also discussed the oppression of Native Americans and the progression of global warming. He follows the mantra of "keep dancing through life" as a form of self-care and a celebration of his Meskwaki culture.

"We are a beautiful culture," Yazzie said. "Let's take care of our indigenous land!"



COURTESY OF USPB INSTAGRAM

Emma Graff photographed with Larry Yazzie after his performance.



Group photo of mother and daughter pairs



COURTESY OF AMY HOEGEN

Retreat Strengthens Mother-Daughter Relationships

BY VICTORIA SCRUSE
CO-MANAGING EDITOR

On Oct. 7, the Mother and Daughter Retreat was held at Chapman Lake.

It was led by Amy Hoegen, the director of Campus Ministry for Retreats and Bereavement Ministry. The retreat focuses on deepening the bond between mothers and daughters along with forming new connections among each pair.

Another goal of the retreat is actually to provide the mothers a Mother's Day gift. As each mother and daughter pair got unpacked and settled into their assigned rooms, they were greeted by goodie bags filled with candy, toiletries, and a schedule of their activities to be held.

The first activity was each pair taking a photo as a token of their symbolic dynamic relationship. Next everyone

met in the lake room where many activities were held.

Throughout the day, there were several activities each duo participated in. Amongst all, candle-making was the main activity that centered on the mother and daughter working together to achieve their ideal design of their candles.

The second activity the pairs participated in was writing down what their mother or daughter characteristics are and how that has contributed to their personal growth, fulfilling the gratitude represented in each duo. This was the most emotional part of the retreat.

As a participant in the retreat, it was a spiritually empowering moment when I could express to my mother all the dedication and support she has given me by speaking in front of each pair. On top of that, I witnessed each pair

be vulnerable in appreciation of each other. It was a beautiful and poignant moment that is unforgettable.

For the remainder of the day, each pair went to evening prayer followed by voluntary games to win prizes or take the opportunity to relax in their corresponding rooms. On Sunday after breakfast, morning prayer and Mass, the retreat ended with each pair writing down a prayer in the hopes of their dreams being achieved.

Hoegen was asked the following interview questions at lunch during the retreat:

Q: What is your favorite retreat?

A: My favorite retreat is the Silent Retreat because it allows students to take a moment away from campus and focus on their relationship with God. In this retreat, students are challenged to not speak for 48 hours. It is a great

experience for students because it allows them to listen to their thoughts and let the silence resonate with them.

Q: How long have you been part of this retreat?

A: This will be my 16th year of leading retreats and I have enjoyed every moment of it. I think it is a great opportunity for students and gives students the chance to have a mini vacation away from the school environment.

Q: How come there is no Father and Son Retreat?

A: Well, we have actually considered doing a father and son retreat but in order to have that we would need signups from many people, which we would hope for in the future. But the issue is not that many fathers or sons would want to be apart of a retreat since it requires a bit of vulnerability and those deep conversations.

The Mother and Daughter Retreat sheds a light on the powerful relationships that are shown throughout the activities during the retreat. Focus on solidifying the bond, building each pair's connection and having deep conversations helps provide an open-mind when conflicts occur in their lives.

Thanks to Hoegen, this retreat and the opportunities to kindle the mother-daughter relationship would have not happened. Most of all, all of the retreats Hoegen directed are designed and continued to be beneficial for all students.

I encourage my peers to partake in retreats that are coming up in the future to endure an experience that can resonate with you and add another memory to your college experience. I also encourage for there to be more male interest in the hopes of having a Father and Son Retreat.

Let's Save the Humanities Program

BY SKYLER RALSTON
STAFF WRITER

For students at Jesuit institutions, Cura Personalis is more than just a phrase—it's a way of life. At The University of Scranton, students of all backgrounds and majors are encouraged to mingle and expand their interests. Moreover, all students are required to take a variety of general education courses which have little to do with their major(s) or minor(s). Biochemistry majors are required to take writing courses, just as English majors take natural science courses. Unfortunately, though, our school is not in the majority. Many institutions, both Jesuit and secular, have stopped offering classes and majors in the humanities. Despite Jesuit schools' belief in the importance of creating well-rounded graduates, other Jesuit institutions are caving from societal and corporate pressures, meaning humanities majors may not be as safe at Scranton as we think.

Wheeling University, a formerly Jesuit institution, has dropped several humanities programs, causing it to lose its status as a Jesuit school. It no longer offers philosophy, theology or literature as majors. Some schools claim a lack of interest in these programs is their downfall, not an attack against humanities.

However, this disinterest is a direct result of an attack from corporations and higher education alike, creating an endless cycle. Many students are told that a degree in the humanities would lead to financial instability. Because of this, humanities programs are often thrown to the side as a secondary option or passion project. Even industry professionals have experienced this fear of financial disruption because of an interest in the humanities.

Dr. Brian Snee, a professor in the Department of Communication and Media at the University of Scranton, claims his post-graduate decisions were swayed by a need for financial security.

"I almost got my master's in folklore, but then I thought 'I would like to have money somehow,'" Snee said.

This is a very common thought process. However, by ignoring the humanities entirely, students are doing themselves a disservice by overlooking opportunities the humanities could provide. Not only can a humanities degree offer a multitude of job options, such as magazine editor, paralegal and international ambassador, but it can also provide valuable skills that could be used in any field. Whether you plan on working in an accounting firm, lawyer's office or library it is likely your

future employer will advertise their products and services to expand their audience. This would not be possible without the work of marketing professionals like advertisers and social media managers.

Both careers require a degree in communications, which is one of the most popular humanities degrees, according to the National Communication Association.

Bethany Belkowski, 21, a double major in public policy and English with a minor in philosophy, agrees that a degree in the humanities can be incredibly beneficial.

"Other than my passion for writing, that's what ultimately kept me in the English program—my parents saying to me, 'No one knows how to communicate effectively anymore, and every company in the world needs someone to do it,'" Belkowski said.

Humanities are in danger, but with student interest we can protect them. For students in the humanities, be vocal about what made you choose your major and why you stay with it. For non-humanities majors, voice your opinions about the importance of humanities and join humanities-related extracurriculars, such as the Media Analysis and Discussion (M.A.D.) club or the school's literary and artistic mag-

azine, "Esprit" to meet new people and expand your thinking.

For students considering switching to a humanities major, please know that it is absolutely worth your time. Humanities students have countless opportunities both before and after graduation. Consider talking to professors and students in the humanities or your advisor to see if switching is the right option for you.



It is Only the Language

Recently, there has been so much talk about STEM and governments are pouring money into schools to advance these disciplines. No doubt the prosperity of a nation very much depends on the technological skills of its citizens and financial support certainly enhances them.

Being industrious, human beings have always been, if perhaps not exactly in the modern sense, preoccupied with STEM: making tools to build shelter, plowing the land to raise crops, fashioning arms to fend off invaders, inventing the ruler, astrolabe, and computing tools to do geometry, navigation, and arithmetic, etc. As an obsession with acronyms, STEM is a lazy term for a millennium-old idea: No need to lose sleep. STEM is not going anywhere. We will never be deficient in iPhones and websites.

To be cosmically informed is not a survival skill. It has always been the trait of the elite without a geographic anchor. In keeping with the temperance of the excesses which come with the rapid advancement of technology and commerce, what is needed most is philosophy, literature, and arts for it is not technology but ethics that is the answer to the increasing social anxiety; and ethics is not nurtured except within a constructive philosophical perspective which is not conceivable without a citizenry which is cognizant of critical philosophy, literature, and the arts. Do not forget that STEM has not been conceived of to foster the emergence of figures the likes of Einstein or Russell but to provide labor for business to stay competitive to make more money. Yet, it is not at all clear whether such endeavor brings more happiness and prosperity globally in the long run.

What humanity needs to prosper and be happy is more value and perhaps less p-value. The folly of man is in the noncritical dialogue. Philosophy, literature, and arts temper the tongue and instill value into the common language.

Dr. Masood Otarod is a mathematics professor at The University of Scranton.



EMMA GRAFF / STAFF PHOTO
Nubs spotted on campus.

Tailless Squirrel Spotted in Scranton

BY JACE NELSON
STAFF WRITER

Have you heard of Nubs? If not, you must have been living under a rock, or perhaps missed the countless YikYak and Instagram posts dedicated to this campus celebrity.

Nubs is one of the many squirrels that call The University of Scranton home. Nubs is infamous for snatching Chick-fil-A nuggets and darting down Dione Green.

But what sets Nubs apart from the rest of his squirrel friends is his distinct lack of a bushy tail. This unique characteristic is what gave birth to his memorable nickname.

The University is no stranger to the furry inhabitants, as you can see squir-

rels, raccoons, skunks and groundhogs. Among the bustling animal community, Nubs has managed to stand out from the crowd.

With his tail-free appearance he has become one of the most recognizable figures on campus. Students began to call him Nubs and now students and faculty alike can spot him darting around campus.

At the height of Nubs' campus fame, students question his lack of tail. Students and faculty alike ponder this question, after they see Nubs zooming around campus. The absence of a bushy tail is an unusual feature for a squirrel, and it leaves people speculating about the story behind it. Some believe he was born without one, or

maybe he lost it in an encounter with a fellow animal.

Emily McAlarnery, senior, had her own theory. "Maybe he had an infection and it came off itself," McAlarnery said.

The mystery of Nubs' tail, or the lack of one, only adds to allure and attention that Nubs attracts to himself.

Nubs has carved out a niche role for himself with his antics. Those being swiping someone's fast-food, jumping from tree to tree, or exploring the campus like many of us. Nubs is a truly unique aspect here at Scranton. With that, Nubs encapsulates the kind of memorable encounters and experience you can find yourself engaged in around the campus of Scranton.

Nubs has not responded to comment.

Taiwanese Exchange Students Share Experiences

BY BRENNAN PARKER
STAFF WRITER

Students from Taiwan have transferred to The University of Scranton to experience American culture and its higher education system.

Heidi Chang, junior; Andy Liao, senior, and Chen Yin, junior, are all from Taiwan. Chang goes to National Taiwan University, while Liao and Chen go to Fu Jen Catholic University.

All three students have varied reasons as to why they chose The University of Scranton. Chang explained that she had previously studied abroad in her high school years. Chen and Liao had never studied abroad in an academic program before. Both having done their fair share of traveling, they each chose Scranton through a selective process.

Chang experienced an extensive selection process through her school's foreign exchange program in Taiwan.

"We have rankings due to our GPN and TOEFL scores. TOEFL is the English test score. ... So then we got a score and we got rankings from a list of 30 schools that we wanted," Chang said.

While Chang knew more about where she wanted to go, Liao admitted he had fewer schools to pick from.

"In our university in Taiwan, we don't have a lot of options in America. We have, like, six or seven schools that we can choose from. And because there are a lot of foreign exchange students in Scranton, and they have all highly recommended Scranton," Liao said.



COURTESY OF HEIDI CHANG

From left: Andy Liao, Chen Yin and Heidi Chang.

After nearly four weeks at Scranton, Chen has come to love the school. She also thanks her roommates who have become her friends, saying how they always offer to take her grocery shopping, as she's not on a meal plan. She happily admitted that everyone has been nice to her so far, including her professors.

Nearly 8,000 miles away from home, all three students have had their fair share of culture shocks.

"A culture shock that I'm still getting used to is small talk culture. Because in Taiwan, we won't usually ask people, 'How are you? How's your day?'" Liao

said.

Chen agreed and talked about how she came to realize that just because someone asks, "How are you?" doesn't mean they really want to know.

"My roommate told me that it doesn't mean 'Yeah, I really care about you,' They're just like asking. But for me, sometimes I really think deeply. Like, am I good?" Chen said.

In her high school years in America, Chang experienced some cultural differences as well. Her host family in Arkansas had different beliefs from her.

"I was living with my host family, and they were very traditional Chris-

tians. And then sometimes their beliefs, or how they viewed things, were quite different from mine" Chang said.

All three students agreed that they would recommend the foreign exchange program to other Taiwanese students.

Chen emphasized that some things have "broken" her American dream, such as a lack of safety. But she still encourages others to experience what she has experienced.

Chang thinks that one of the amazing parts of this experience is that it's an inexpensive way to experience America, and other cultures in general, even if you don't get the diploma.

For her, "Having the experience is enough," Chang said.

She also recommended coming to Scranton for other foreign students.

"I also recommend because I feel like Scranton is a very cute little college. It is very different from my school in Taiwan," Chang said.

Liao also believes others should experience what he has so far.

"I think from my experience, study abroad life is just a lot different between Taiwan and America. Like, I think our learning environment is under a lot of pressure, but here we can have an extracurricular life and study at the same time," Liao said.

Chen, Chang, and Liao have all enjoyed their time at Scranton so far, and encourage others to travel and experience other cultures the way that they have through their foreign exchange programs.



I WENT

From Page 1

"I went to support the Players out of love and appreciation for theatre, as well as to support some of my show mates in this production," Farrington said.

The show was put together well and had an ending the audience may not have expected.

"The director did a great job of pulling it all together for an incredible show. It had a twist towards the darker side at the end while still keeping the comedic relief as a big part of the show," Farrington said.

The Players hope to welcome back an even greater audience for their upcoming spring musical, "Disaster!" The production will run from Feb. 23 to March 3, with free admission for first-year students.

New Counselor Brings Attention to Mental Health Resources



BIANCA TLATELPA / STAFF PHOTO

CHEW members host Don't FALL for Stress pop-up.

BY BIANCA TLATELPA
STAFF WRITER

Low test scores, homesickness and the pressure of college life can take a toll on students' mental health, causing high rates of depression and anxiety. According to the American Psychological Association, more than 60% of students suffer from at least one mental health problem. Thankfully, The University of Scranton has resources on campus to help combat this problem.

The University's new counselor Jacqueline O'Duor believes that highlighting mental health resources on campus is important for students.

"Completing college is a difficult process," said O'Duor. "Academics are challenging. Developing friendships and healthy relationships require self-reflection and willingness to grow. The Counseling Center is part of a holistic effort to support students in reaching their goals."

The University of Scranton's Counseling Center, located on the sixth floor of O'Hara Hall, provides free services for all students. Their mission is to help students manage their mental well-being while pursuing an education and maintaining a personal life, promoting a healthy community through several counseling programs.

The Counseling Center has students

take a mental health screening test to determine the best course of action for the students' personalized counseling sessions.

"Students who have concerns they would like to address are welcome to come to the Counseling Center to have a brief assessment to determine their needs. The Counseling Center then collaborates with various departments across the University to find additional support," said O'Duor.

The screening asks about the student's family, professional and personal life to determine what kind of counseling is best for them. After the screening one of the counselors will speak to the students one on one to address their concerns and recommend different options.

"Counselors are skilled in a variety of specialties: mental health, body acceptance, substance use, trauma, grief and mindfulness," said O'Duor.

The counseling center isn't the only way to find support. The University has also found creative ways to connect students to mental health resources.

"The Division of Student Affairs promotes innovative ways to provide students with the resources they need," said O'Duor. "For example, the Counseling Center works closely with the Center for Health Education and Well-

ness (CHEW) to design and provide workshops, educational events and support groups."

The Counseling Center also has monthly Living in Grief & Healing Together (L.I.G.H.T) Dinner. It is a way to bring students together a foster a safe space for those who need it.

CHEW also hosts Weekly Wellness all semester long. From Mindfulness Meditation Mondays to Energizing Yoga Thursdays, there is something to take students' minds away from the workload.

"Not only do counselors assist students, counselors collaborate every day. We learn from each other to provide support needed to the University of Scranton population."

Students at the University can seek counseling on campus. There are resources that help manage stress, overcome difficult life events or address mental health concerns.

"Students know they can come to us," O'Duor said. "They do not hesitate to engage support from any and all resources the Division of Student Life has to offer."

For questions about the Counseling Center or to book an appointment, visit O'Hara Hall anytime from 8:30 a.m. to 4:30 p.m. Monday through Friday or contact them at 570-941-7620.

Facilities management prepared for potential staff retirements

BY ALEX NUNEZ
STAFF WRITER

The University of Scranton is taking a new approach to dealing with employee turnover.

With many members of the facilities staff nearing retirement, The University faces the prospect of losing many of its veteran employees. Hiring new workers will require The University to spend time training them.

Work for the facilities crew can be extremely demanding. The crew must perform work for a large campus, and for the students living in campus housing. Late at night the number of staff present greatly decreases, meaning if a crisis were to happen there would be very few people to deal with it.

This was evident during last month's heavy rainfall, when Reddington Hall was experiencing leaks from the ceiling. The limited staff available at this time made it difficult to contain the leaks.

Samantha Kramer, a senior RA in Reddington, recalled the process of getting facilities crew to her hall to contain the leaks.

"I was shocked when they told me there was only one maintenance worker available," Kramer said. "I feel bad for the worker who had to come that night. By himself he's responsible for thousands of students."

Understaffing would exacerbate this issue, which is why The University is keen on training new candidates sooner rather than later. Training new employees takes time away from routine maintenance and scheduled activities.

The University is prepared for future retirements. Jim Caffrey, associate vice president for facilities operations, acknowledged the potential problem faced by impending retirements, but said it wasn't the biggest problem hampering operations.

"Unplanned or last-minute work orders for event setups has been one of the biggest challenges for the facilities team, as scheduled work for that day must be deferred," Caffrey said.

One of the reasons The University feels secure in its ability to hire and train new workers is because of its experience during the coronavirus pandemic. Patricia Tetreault, vice president for human resources, explained how the aftermath of the pandemic affected The University's staffing policies.

"I think that The University has kind of experienced the same type of impact to employee turnover and the level of applicant pools (as other universities)," Tetreault said. "There were a number of people leaving their job and moving to other opportunities, and this was not unique to The University of Scranton."

Tetreault was optimistic, noticing changing conditions that might make the replacement of outgoing staff easier.

"Then, as time went by, that stabilized, and we are back now to where we have robust applicant pools," Tetreault said. "But I'm happy to say that our applicant pools are back at to the levels we like to see them at, where we have got good solid interest in our positions."

Tetreault said there are a few jobs that The University has difficulty finding employment for, but that these positions are specialist positions that are hard to recruit for regardless.

She also said The University plans to raise the starting wage for entry-level positions from \$13.50 to \$14. This helps retain workers in positions that typically have high turnover rates.



ALEX NUNEZ / STAFF PHOTO

Water leaks from a ceiling tile in Reddington Hall.

Leaks Leave Slippery Mess in Reddington

BY ALEX NUNEZ
STAFF WRITER

Brown water has covered Reddington's main staircase on rainy days. The leaks have caused the stairs to become slippery in some instances.

The issue of leaks in Reddington has persisted since before the arrival of students. Resident assistants in Reddington Hall indicated that foam cups full of brown liquid were present in the stairwell when they moved in, almost two weeks before the arrival of most students.

In addition to foam cups, multiple nooks in the staircase have been stuffed with white rags that have turned brown from the storms. These rags have also been piled up on the floor next to the staircase. Because of the location of the leaks, pools of yellow and brown hued liquid tend to form next to the stairs on the third floor.

There have been two instances of the main staircase becoming nearly hazardous for residents. Jimmy O'Malley, a computer engineering major living on the fifth floor of Reddington Hall, has

become concerned about the safety of the stairs during these conditions.

"I came out here one morning and I slipped a little, but I caught myself thankfully," O'Malley said.

Students slipping on the stairs became more frequent after the Scranton area was been hit by a wave of thunderstorms. Sammy Kramer, an RA on the fifth floor of Reddington and an education major starting her senior year, detailed how she had to stay posted on the stairs to warn students about the hazardous conditions.

"I had to sit in the lobby for roughly an hour until the school was able to send somebody to help. Even after I warned them people were slipping and falling, but luckily no one was hurt," Kramer said.

Kramer also noted that maintenance staff are unable to do much about the leaks, and are fighting an uphill battle. On the night she was watching the stairs there was only a single maintenance worker on call, and he was dealing with unrelated water leaks in other residence halls. Since the leak is com-

ing from the ceiling and various cracks in the walls, they can only put buckets underneath the leaks and temporarily dry the floor.

The leaks are not isolated to the main stairs. Ceiling tiles in the fifth-floor common area have also turned brown with water damage. One tile has begun sprouting a growth on the edges of the stain. This common area is also starting to see tiles sag and become damaged by the water. Brown and yellow stains cover the carpet in this area.

The University's Director of News and Media Relations, Stan Zygmunt, noted that the leaks are worse this year because of the intensity of storms and the age of the building (Reddington Hall was constructed in 1985).

"Over the years from time to time there would be water seeping into the building. Generally, when that happens the issues are addressed," Zygmunt said. "This year in particular, it seems we've had a lot of rainfall, and the storms seem to be more intense than normal."

Scranton Adjunct Reaches Out to Deaf Community

BY GRACE WERTEEN
STAFF WRITER

SCRANTON — Mary Ann Stefko, a University of Scranton adjunct, furthers her goals by creating ASL Masses.

Stefko has devoted her life to helping the deaf community and strengthening inclusion on campus. She has implemented many projects on campus to further her goal and believes it is important to share her Catholic faith with as many people as she can. Her newest project is an ASL Mass.

The Masses started Sept. 10, and services will be offered the first Sunday of every month at 11 a.m. in the Madonna Della Strada Chapel at the University.

In past years, she organized other activities that inspired her new project. For example, she organized Christmas on the Green last year. The event included a buddy system, which paired up a member of the deaf community with a student in a sign language class. Stefko described that she received an overwhelmingly positive result, leading her to continue adding events.

"It was a great experience. The kids were able to fully participate, they had somebody they could communicate with and who could communicate



Students sign "Lord."

GRACE WERTEEN / STAFF PHOTO

back. When we were looking at what else we could do, this (ASL Masses) was a very natural progression," Stefko said.

Stefko, a certified interpreter, signs with the Mass and accompanied by students and members of the commu-

nity. The interpreters are University students in ASL classes, students who have been in ASL classes previously or members of the community within the University who are familiar with ASL.

"They're all amazing students, and I'm so thankful they are all volunteer-

ing their time," Stefko said.

Elizabeth McKechney, a junior, is taking part in the ASL Masses this year. She took ASL classes starting her sophomore year and says she fell in love with the language, causing her to change her major from nursing to

communication science and disorders. She is very interested in religious ASL and hopes to interpret a Mass all on her own in the future.

"I love seeing how Mass can be interpreted in such a different way. You're used to Mass just hearing it, but seeing it represented as a picture being painted in the air for you is gorgeous. Being able to do that for other people is very exciting," McKechney said.

Stefko said she has already had positive responses from the community and campus. She reached out to people who are tied to the Scranton School for Deaf and Hard-of-Hearing Children and said they were very supportive and appreciative. Also, campus ministries has fully embraced the idea, letting Stefko take the reins on this project.

"I think it's awesome that the University and campus ministries has embraced this idea and has been so supportive to all of us. Obviously, it's a huge change in what normally they do, but it has the potential to be so impactful to people who would not typically have the opportunity. I think your faith is something you should be able to share with others, so I'm very thankful to campus ministries," Stefko said.

What to Expect at the International Fashion Show

BY BIANCA TLATELPA
STAFF WRITER

Pull back the curtains and turn on the lights because the United Cultures Organizations 14th annual International Fashion show is almost here. The show will be held in the TDC Ballroom on the fourth floor of the DeNaples Center at 7 p.m. Nov. 10.

The UCO International Fashion Show is known for giving students the opportunity to show off their personal and cultural styles, displaying all the beautiful and diverse cultures within the student body.

Naveen El-Debsheh, a UCO member who is modeling in the fashion show for her second time this year said her favorite category is Represent Your Flag, "Seeing everyone represent their culture and the different style of streetwear shows the diversity on campus."

Different countries, cultures and walks of life are being represented such as India, Mexico, Pakistan, Indonesia, Puerto Rico and the Dominican Republic.

This year's theme is "Embrace Your Element," where two new categories will be introduced on stage: Represent Your Pride and Streetwear.

The fashion show is one of the University of Scranton's biggest events, and it is a daunting task to prepare for.

UCO Secretary Anthony Torres gave some behind-the-scenes information, "The members of the UCO Cabinet are busy organizing model practices, creating decorations and pamphlets, creating various committees with their respective roles and



BIANCA TLATELPA / STAFF PHOTO

Models practice their walk.

working with local sponsors."

Torres said that the fashion show is run by the UCO Cabinet members who are each assigned their designated roles. They expect about 50 students to model, and through the help of UCO members and student body volunteers, they can organize this major event.

"Figuring out the logistics, planning of time and organizing the many models and

committees involved in the success of the show has been a challenging process," said Torres.

The UCO starts promoting model sign ups during their second meeting of the year. And for those whose talents are better suited behind the curtain, the club is always looking for volunteers to help with stage set up and distributing food to the audience. Model practice began in early October where they can practice their walks and performances. This is when the organization of the performances is decided as well.

The fashion show is not only appreciated for its diversity, but the show also promotes businesses and performers at the showcase.

"We anticipate having performances for Urban Beats Club and Asia Club, as well as singers to present their talents during the event," said Torres.

The food given out during intermission comes from local businesses in the Scranton area. From Caribbean to South Asian food, the unique flavors are a fan favorite.

Samantha Sonnie attended the International Fashion Show last year and said, "I thought it was great to see the representation be shown in many different ways. I've never seen anything like it before and I thought it was amazing."

Make sure to bring your RoyalCard and come early to get the best seats in the house.



BIANCA TLATELPA / STAFF PHOTO

Naveen El-Debsheh teaches new models the runway walk.

Five Reasons Why You Should Join a Student Club

BY BIANCA TLATELPA
STAFF WRITER

The University of Scranton is bustling with old and fresh faces. For incoming first-year students, the new environment might be nerve wracking. Adjusting to school life while trying to make new friends is a daunting experience. Here are five ways joining a club can benefit your college experience.

1 Meet people who have the same interests as you. Making friends in an unfamiliar environment can be hard. But with the variety of clubs and organizations the University has to offer, you're bound to meet people who have the same interests as you.

Adeyemi Onafowokan from the first-generation student program, THRIVE, said, "I saw first-hand how THRIVE could help someone. This program gives incoming students the chance to connect with other first-generation students."

2 Find your community. Joining an organization like Campus Ministry can help you engage in social activities while participating in your community or helping you find one.

Campus Ministry member Angelicque Larsen said, "We just want to make sure everyone on campus has a community. You don't even have to be Catholic to be a part of Campus Ministry."

3 Immerse yourself into a new culture. Want to immerse yourself in a new culture without having to leave campus? There are clubs on campus that promote engaging in cultural activities.

There are many cultural clubs on campus where you can learn more about your own or a new culture. Robby Walker, vice-president of the Scranton Student Association of the Philippines, said "You don't have to be Filipino to join. It's about sharing culture."

4 Build your portfolio. A great way to build a portfolio that is sure to impress potential employers is getting involved in a club where you'll apply what you've learned from the classroom. "It's a great networking opportunity," President of Health Professions Organization Tabitha Berger said. "I've definitely been exposed to different career options."

Having previous experience in your desired field not only makes you look professional but makes it easier when you enter the work force.

5 It's a great way to get away from your textbook. Let's face it, school can be stressful and sometimes we need a break from bending our heads over a textbook. Joining a club like the Scranton Dance Team can help you release pent up energy and stress. "I feel like most of us, dance is a way for us to let everything out. We have people to lean on when times are tough," Ava Amato, social media chair of the dance team said.

Your mental health is important, which is why clubs provide a healthy outlet to help students destress.

The University has over 90 clubs and organizations. Take advantage of the welcoming community and go to the meetings of the clubs that pique your interest.

SPORTS

Ceremony Raises Breast Cancer Awareness

BY WESTON CAMILLONE
STAFF WRITER

The Scranton Royals field hockey team hosted a ceremony before the game against Wilkes University at Weiss Field.

On Oct. 11 junior goaltender Julie Rogel, Huntington, N.Y., was recognized alongside her mother and father for the breast cancer awareness ceremony. It was announced that her mother had been battling breast cancer for a couple months and endured treatments, a few surgeries and radiation. In June of this year it was announced that Julie's mother, Krista, was in remission, meaning that the treatments had been successful and do not pose a big threat to her health and well-being.

Alongside the story of Julie's mother, the team came together to make signs saying, "I play for" and then what follows was a friend or family member that has been touched and affected by the battle of breast cancer making it more than just a game. These posters were put in the team's locker room and were remembered

before the game.

"I think it's a really important game for everyone just to recognize those that they love and those in general who have battled with breast cancer," Rogel said.

Rogel is known for her mentoring and teaching while having fun with the other goaltenders. Rogel has a strong bond between the other goalies on the team that bring a fun really high energy off and on the field and ultimately unifies the team.

"We have a lot of fun in goal, we all have some kind of really high energy and we all kind of match each other really well so we all get along really great," Rogel said.

Rogel saw the field against Lycoming Oct. 25 in a blowout victory which brought in a lot of substitutions including in goal. Rogel would get to see the field for almost a quarter of the game, preserving a shutout and making two key saves to preserve the win and momentum going into the playoffs. A month to remember for Rogel and the team rallying behind her.



COURTESY OF ZJ MORSE

Group shot of team during breast cancer awareness ceremony.

"I'm so proud of how all of us did. We were able to get a lot of people into that game and we had some goals that were really beautiful. I think the ef-

fort that we put in and the heart that we showed especially holding off Lycoming in the end. I'm really proud of how all of us did," Rogel said.

The Royals are 6-1 in the month of October and look to carry their motivation and momentum into the playoffs.

Field Hockey Team Breaks Multiple Records

BY WESTON CAMILLONE
STAFF WRITER

THE UNIVERSITY OF SCRANTON — After the win against Lycoming at Weiss Field, a field hockey player broke the record for point totals in the program's history alongside her teammate who tied the programs record of points scored in a game, capping off what is to be a season for the record books.

With four goals scored in the game against Lycoming on Oct. 25 in a dominant 10-0 shutout victory, senior forward Katie Redding surpasses 122 points to be the new record holder for most points scored in the program's history. Redding now with 132 points on the year is making a crucial impact on her coaches and her teammates and is a leader on the field come playoff time.

Coach Colleen Moyer said she enjoys getting to watch Redding work to improve each day.

"Being able to train with Katie every day, to help her improve every day and keep the love of the sport has been such an honor. She's just an awesome player and person and I'm just so happy for her to see how much she has accomplished and how much love she puts into everything she does on the field. It's just really fun to watch her play," Moyer said.

Since her first year here in Scranton, Redding has become a hit and a leader on the field, winning the landmarks rookie of the year award and has continued her leadership and dominance for the past four years.

"She has really grown into just a really selfless leader on the field while still

continuously improving her skills and agility on the field it's really been great to see," Moyer said.

In addition to Redding, senior forward Bridget Abrales has had a career year of her own, putting up eight points in the game against Lycoming which ties the program record for most points in a game. Abrales has stepped up and has played a big role playing alongside Redding this entire season and both benefiting in goals and assists.

"It's a big milestone for me. I feel like I've been trying to have offensive movement during the season and really improve on that. It was a huge win for the team, but I was proud of myself because I feel like I improved a lot as an offensive player on the team," Abrales said.

Please see **THERE IS**, Page 8



COURTESY OF ZJ MORSE

Senior forward Katie Redding against Lycoming.

Volleyball Defeats Lycoming

BY MOLLY WHITE
STAFF WRITER

Maddie Forry's milestone performance led the University of Scranton volleyball team to a 3-0 win over Lycoming College on Oct. 20 at the John Long Center in Scranton.

Forry became the 20th Scranton athlete to record 1,000 career digs.

The sophomore nursing major surpassed the threshold early in the first set in which the Royals held on to win, 25-17, after Lycoming battled back from a 13-4 deficit.

Lycoming held a lead for the majority of the second set, until sophomore marketing major Deanna Whelpley sparked a comeback for the Royals. Whelpley scored three of the last five points in the set to lead the Royals, 25-23, in the second set.

The Warriors started the third set



COURTESY OF BILL WHITE

Volleyball team in group huddle.

on a roll, outscoring Scranton to take a 17-7 lead. The set looked as if it belonged to Lycoming, but the Royals had other plans in mind.

Senior occupational therapy major, Stephanie Margolies said she and her team had to remain focused.

"When I came into the game, I told my hitters just to focus on each point and we'd get there," Margolies said.

The team can work off energy as

they score.

"After each point we got a little more energy," Margolies said.

Energy that came from the hands of sophomore Camryn Hoffman.

Hoffman served for 10 straight points, recording four service aces and giving Scranton its first lead of the third set.

Please see **THE ROYALS**, Page 8

Lack of Support Gets to Student Athletes

BY JENNA SLOAN
STAFF WRITER

Why do students not go to their fellow classmates' sporting events? When I was a child, I always attended my own school's athletic events, and the first thing I noticed was the large number of fans at the events.

Recently, this has not been the case because when I attend games at The University of Scranton, I am dismayed by the lack of fans. I encourage students to attend any fall and future seasons' sports events on campus.

It should come as no surprise that today more children are growing up disinterested in sports, which results in college students being less into sports. In an interview with the Wall Street Journal, Jason Gay said that there is a crisis taking place in youth sports because participation is on a decline, and it has been for a while.

Daniella Scanlon, 19, a neuroscience major from Goshen, New York said that she attended no athletic events last

year and does not plan to attend any games this year either.

"I don't like to watch sports," Scanlon said.

Mark J. Burns, author of "Gen Z Keeps Sports Executives Up at Night. Here's What They're Doing About It" wrote that Generation Z has other interests.

"The struggle for sports to latch on with Gen Z, relative to their older counterparts, is exacerbated by the multitude of other readily accessible entertainment options, the popularity of established and emerging social media platforms, the fragmented nature of sports media rights distribution, accessibility to games and ticket affordability, executives said," Burns wrote.

It is no secret that most, if not all college students, are up to their necks with their workloads and extremely busy schedules. This means that college students cannot be available for breaks to attend athletic events.

Please see **ANNMARIE**, Page 8

THERE IS

From Page 7

There is no doubt there is chemistry between Redding and Abraldes on the field with the two having offensive breakout years, having the most points on the team and a combined 70 points. The pair always seems to find each other in tight areas and if one player has a great game, the other helps and

contributes.

"Katie has been my best friend since freshman year. We just instantly clicked, and it's just always been the two of us. I think our relationship off the field is why we have such great chemistry on the field — we just know where each other are on the field, if one of us messes up we have each other's back. We work together really well, and I think it has shown a lot in past seasons but especially this season," Abral-

des said.

With multiple records broken in a historic season, the Royals will look to use their regular season as motivation into the playoffs. Scranton will hold the No. 3 seed in the Landmark and will have their eyes on the prize for the Landmark championship as it would be the cherry on top for the team and Abraldes and Redding's career here in Scranton.

ANNMARIE

From Page 7

Annamarie Cervone, 19, a health administration major from Stroudsburg, said that she attended five games last year but only because they were the most convenient for her schedule.

"I would like to go to more games this year, but I probably won't be able to because my schedule is busier compared to last year, but I'd like to try," Cervone said.

According to the Department of Education, studies show that students should be spending about two to three hours outside of class on their work for each hour in the classroom. If a student takes five classes, he or she spends a lot of time outside the classroom on schoolwork. Consequently, spending this much time doing school-related activities makes it hard to set time aside to support their fellow students at their athletic events.

Another issue is that the University of Scranton does not advertise athlet-

ic events in a place where all students could easily and consistently see them.

Kiera Ronan, 19, a neuroscience major from Mamaroneck, New York said that she attended three to four games last year and does not plan to attend more this year. Additionally, she blames her lack of attendance on the university for its lack of advertising. The University of Scranton's athletic events are advertised on Instagram, but if you do not check it frequently, you miss the information. To keep up with game schedules, you would have to follow not only Royal athletics, but each individual sports team.

Students will only see these posts if they follow these accounts, but most people do not think to follow them.

I know what you must be thinking: the student-athletes are too busy performing and there is no way that they would have any time to pay attention to how many fans, more specifically, how many students are in attendance.

I can tell you as a member of Scranton's women's basketball team that this claim is false. Before games in war-

mups, in the middle of games when sitting on the bench, and after games and after the handshake line, I cannot help myself. I always end up looking at the crowd to see if the stands are empty or packed. If I see anybody I know, but most important, I look to see the attitudes and body language of the fans to see if they are bored, entertained or engaged.

University of Scranton students are part of the issue of not supporting their fellow students at their sporting events. In this case, the University of Scranton needs to do a better job of advertising its athletic events so that everybody can be informed about them, without having to search for them.

One way to do this is a spirit club for sports, which would hang posters around campus to advertise the in-season sports. Also, when there is a big game, such as a rivalry game, they could hand out flyers and an incentive pertaining to the sport. These actions can help encourage students and faculty members to attend these events.

IGGY'S CORNER



JACK OLONOVICH
STAFF CARTOONIST

THE EVERYDAY WITH EMMA

Dear Emma,

What made you decide to join The Aquinas?

— Anonymous

Hi friend,

I transferred to The University of Scranton at the start of the spring semester of my sophomore year. Transitioning to a new university in the middle of the year was difficult. In a lot of ways I felt like a first-year again and truly relate to the struggle of having to get accustomed to a new environment while trying to make friends. I was looking for a club activity to help me feel more connected to people and Scranton. Joining The Aquinas was the best choice I could have made. What I have always enjoyed about the club is the personalized meetings. We always take time to share pieces of our life with one another and get to know each other beyond a quick recap of the club's agenda or a random face in a GroupMe. The Aquinas was the perfect fit for me because it gave me the opportunity to have fun with writing. I view writing articles for the newspaper as a break from my traditional class assignments. The articles are an excuse to attend cool events on campus and interview people I typically never would. I had the chance to interview shop owners in downtown Scranton and network with individuals because of The Aquinas. The club has allowed my creativity to grow as I work hard to run our social media and brainstorm different activities for more engaging club meetings. If you are considering joining The



Follow our Instagram

Editor-in-Chief Emma Graff writes the advice column "The Everyday with Emma." Click the link in our bio to ask her your questions on Google Forms.



Aquinas, I encourage you to attend a meeting to see what we are all about. You won't regret it.

THE ROYALS

From Page 7

The Royals finished out the third set, 25-21, and completed the sweep of the Warriors.

Whelpley led the way with 16 kills and Margolies added nine of her own. Forry finished the game with 30 digs, and first-year Cammi Quirk recorded 26 assists.

With only four graduating members, the Royals rely on their underclassmen in big games.

"The way our younger players step up in tough situations attests to the talent on our team," Margolies said.

That talent propelled the Royals to a nine-game win streak.

Despite a rigorous schedule, including four nationally ranked teams, the Royals remain steady with a 14-9 overall record, and an 8-1 record in confer-

ence play.

The Royals only lost to one Landmark competitor, defending national champions Juniata.

Head coach Jamie Spangler said the difficulties the team may face can build strength.

"The adversity we face in our schedule allows us to grow as a team. They have a great attitude toward that adversity," Spangler said.

Scranton will finish out the regular season with a matchup against another nationally ranked competitor, No. 4 New York University, before heading to the Landmark Conference tournament.

Senior occupational therapy major Grace Kane said it is important to improve at each game.

"Each game we're getting better, so going into conferences we're expecting to play our best," Kane said.

Write for The Aquinas

Email story ideas to
aquinas@scranton.edu.